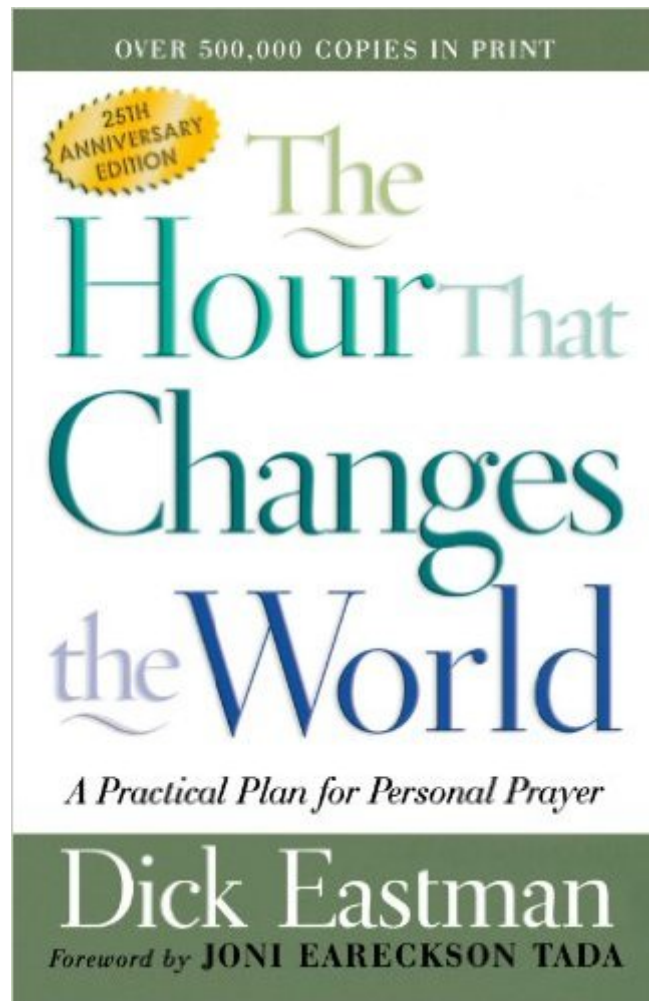


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# The Hour That Changes The World: A Practical Plan For Personal Prayer



## Synopsis

The Hour That Changes the World, first published by Baker in 1978, is a classic book on prayer that offers practical suggestions on how readers can revitalize their prayer lives. Dick Eastman challenges Christians to spend one hour each day in prayer, and he outlines a twelve-step prayer program to help them accomplish the task. By dividing one hour into twelve five-minute "points of focus," such as praise, waiting, confession, and Scripture praying, believers will develop a more consistent habit of daily prayer. The Hour That Changes the World draws heavily on Scripture and classic devotional writers and includes an appendix titled "Scriptural Intercession." This 25th anniversary edition features a new introduction by Eastman and a new foreword by Joni Eareckson Tada, in which she writes: "The Hour That Changes the World may appear small and modest, but don't let its size fool you. Full of biblical insights about prayer, packed with testimonies of prayer warriors from years past, brimming with practical suggestions that will help you carve out a purposeful time of praise and intercession, Dick Eastman's book is arguably the most significant book on prayer written in modern times. "

## Book Information

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## Customer Reviews

What more can I say than this: As a sort of agnostic who did believe in Christ but didn't have him in my heart, I took this practical little book aside and began an hour-long prayer vigil using Eastman's outline as a guide. Before thirty minutes had passed, Christ changed my life and my character permanently. That was nine years ago. I'm not perfect, but I do know Jesus in a way I never did before. I know God uses all sorts of vessels to come into people's hearts, but I can personally vouch

for this one.

Dick Eastman's classic work on prayer has now been updated. This new updated edition will challenge you in to pray with a deep passion for the glory of God. The book is simple and offers practical steps toward developing a strong prayer life. I purchased this book first in 1994 while in Bible college and the book challenged me to pray for one hour a day, everyday. I have taken this task head on and now my prayer life is up to two hours a day! God is using my prayers for His honour. I would urge every disciple to purchase this book and allow the Lord to begin to teach you how to pray for the lost, the nations, and for God's kingdom to come.

At the outset, Eastman warns us not to become a slave to any system of prayer, but at the same time he offers a systematic approach that helps a person gain a better focus while praying. That is a wise word for the study that follows. He presents a prayer clock, broken down into segments. It isn't meant to be rigidly followed, but serve as a guide to be altered as appropriate. He starts with praise, adoring God for Who He is and for what He has done. The prayer of Jesus, the Lord's prayer is the model for this type of prayer. It is in this act that we shift the emphasis from self to God. The second segment looks at waiting on God in silent reverence. He cites historical examples of people of action, who had cultivated this art masterfully. He continues with confession, praying the Scriptures, watching, intercession, and so on. Reading this book can help you "love the Lord your God with all your mind." It increases prayer effectiveness by enhancing your spiritual awareness.

Unlike most books on prayer which admonish the benefits of it, Eastman's book fulfills the request, "Teach us to pray." In a simple step-by-step approach, Eastman teaches the Christian how to pray, and not just for himself, but others, too. Built into Eastman's 12 steps are a worship praise period, Scripture reading and Scripture praying, learning how to pray for others and yourself more effectively. Christians experiencing depression will find it breaking up as they learn to get out of themselves, become other oriented, and pray for others. *The Hour That Changes The World* takes you from an activity to a relationship with the Living God. Peter Alexander CEO Alexander Publishing

I owned this book years ago and find it just as pertinent and helpful today as I did then. If you are serious about a consistent, meaningful prayer life, this book can give you the tools you need to build it.

This book was recommended at a recent leadership gathering I attended. It sounded interesting to me because I was trying to re-establish a more regular pattern of prayer, because it offered a 'structure' that walked through different types of prayer, and among those types were some periods of being quiet and listening. I've read through the whole book now and have practiced the form of prayer recommended during that time, adding a segment to my prayer time as I read each chapter describing that part of the prayer time. The variety and changes of prayer focus have been helpful. There were certain sections I struggled with, like 'Waiting' which I have a hard time distinguishing from 'Listening'. I'm not sure I agreed with all that the author shared about prayer, but I have found the book helpful. I have decided to alter the suggested order and focus more on some areas than others, but I'm thankful for having the model the book presents that I could then take and modify. I don't want my times of prayer to be too structured, but I consider myself in a time of training to be more consistent in prayer and in different forms of prayer, so the structure is helpful in that training, for now. In time, I can probably break from the rigid structure I'm using and more freely pray, but still be practicing all the different forms of prayer I've learned. If you are in a place where you need to grow or be refreshed in prayer, this book may be a help to you, as well.

This book is one of the BEST books I've ever read on spending time with God. I can't imagine the impact if Christians read and implemented the practices outlined in this Bible-based book. SO so good! Not only will you love it, but you'll want one for everyone you know!

While personally daunting to ramp my daily prayer time to an hour a day, here is the practical and earnest guide on how to do so. Though exceedingly precise, this book brings warmth and encouragement from the author to carry the reader along chapter by chapter without bogging down. Thank you for this wonderful book!

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